

54.9 miles

55 Mile, Chalk Ridge Extreme Mountain Bike Trail (Black Grading)

Leg	Dir	Type	Notes	Total
	↑	Generic	Starting at the West Bay Club, follow one way system to site exit	0.1
0.1	←	Left	Turn left onto Halletts Shute/A3054, take care when exiting, be aware of traffic coming for the right	0.2
0.9	↑	Straight	Exit the roundabout onto River Rd/A3054	1.0
0.1	→	Right	Turn right onto Mill Rd	1.2
2.2	←	Left	Turn sharp left onto Newport Road, B3399	3.3
0.0	→	Right	Turn right onto Manor Road	3.3
0.2	←	Left	Turn slight left onto Southdown Road	3.6
0.4	→	Right	Turn sharp right onto Southdown Road	3.9
0.0	←	Left	Turn slight left	3.9
0.6	↑	Straight	Continue onto Tennyson Trail, F33, please keep to the path	4.5
1.5	↑	Straight	Continue onto Tennyson Trail	6.0
0.6	↑	Danger	Steep down hill on rutted terrain	6.5
0.3	↑	Straight	Cross road onto to path opposite	6.9
1.6	↑	Straight	Continue onto Lynch Lane	8.5
0.0	→	Right	Turn right	8.5
1.1	→	Right	Turn slight right	9.6
1.4	←	Left	Turn left onto Walkers Lane, B3399	11.0
0.2	→	Right	Turn right onto Farriers Way, B3399	11.2
0.1	↑	Straight	Continue onto Farrier's Way, B3399	11.2
0.2	←	Left	Turn slight left onto Sandy Way, B3399	11.4
0.2	→	Right	Turn sharp right	11.6
0.1	→	Right	Turn right onto SW19, SW19	11.8
0.3	→	Right	Turn sharp right onto SW19	12.0
0.1	→	Right	Turn slight right onto SW17a, SW17a	12.2
0.4	←	Left	Turn left onto Dungewood lane	12.6
0.2	↑	Straight	Continue onto SW56, SW56	12.8
1.1	→	Right	Turn right onto Kingston Road, B3399	13.9
0.2	←	Left	Turn slight left onto Ashbridge Lane, SW41	14.1
0.7	←	Left	Turn left onto C32a	14.8
0.0	↑	Straight	Continue onto C32	14.8
0.4	←	Left	Turn left onto Appleford Road	15.2
0.4	→	Right	Turn right onto Appleford Ln	15.6
2.9	←	Left	Turn left onto Church Street, A3055	18.4
0.1	→	Right	Turn right onto High Street, A3055	18.5
0.0	←	Left	Turn left onto Rectory Road	18.5
0.2	→	Right	Turn right onto Town End	18.7
0.2	↑	Straight	Continue onto NT18	18.9
0.3	↑	Straight	Continue straight onto Ashknowle Lane	19.2
0.5	←	Left	Turn left onto Ventnor Road	19.8
0.0	→	Right	Turn right	19.8

Leg	Dir	Type	Notes	Total
0.2	→	Right	Turn right onto NT15	19.9
0.4	→	Right	Turn slight right	20.3
1.0	←	Left	Turn slight left onto GL48	21.2
2.3	←	Left	Turn left onto Appuldurcombe Road	23.6
0.2	→	Right	Turn right onto Saint Johns Road, B3327	23.8
0.2	←	Left	Turn left onto Station Road	24.0
1.6	→	Right	Turn right onto NC39	25.6
1.0	←	Left	Turn left	26.6
1.8	→	Right	Turn right onto Skinners Lane	28.4
0.8	←	Left	Turn left onto Sandown to Newport Cyclepath	29.2
1.2	→	Right	Turn sharp right onto The Shute	30.4
0.1	↑	Straight	Continue onto Langbridge	30.5
1.9	→	Right	Turn sharp right onto A11	32.4
0.0	←	Left	Turn sharp left onto Downs Road	32.4
0.4	→	Right	Turn sharp right onto N90	32.8
2.0	←	Left	Turn sharp left onto Main Road	34.8
1.5	←	Left	Turn left onto Blacklands Lane	36.2
0.9	←	Left	Turn slight left onto Staplers Road	37.1
0.4	←	Left	Turn left onto Landscape Lane	37.5
0.1	←	Left	Turn slight left onto Long Lane	37.6
0.1	→	Right	Turn sharp right onto Buckbury Lane, N204	37.7
1.4	→	Right	Turn right onto St Georges Lane	39.1
0.0	←	Left	Turn left onto St Georges Way, A3020	39.1
0.0	←	Left	Turn slight left onto Shide Road	39.1
0.0	←	Left	Turn left onto Sandown to Newport Cyclepath	39.2
1.3	→	Right	Turn right onto Marvel Lane	40.5
0.7	←	Left	Turn left onto Nunnery Lane	41.1
0.6	←	Left	Turn slight left onto Whitcombe Road	41.8
0.1	→	Right	Turn slight right onto Froglands Lane	41.9
0.5	←	Left	Turn slight left onto Clatterford Shute	42.4
1.4	→	Right	Turn slight right onto Tennyson Trail	43.8
2.3	↑	Straight	Continue onto Tennyson Trail, BS4	46.1
0.9	→	Right	Turn right	47.0
3.4	←	Left	Turn slight left onto S21	50.4
0.7	←	Left	Turn left onto Wellow Top Road	51.1
0.3	←	Left	Turn left onto B3401	51.4
0.4	↑	Straight	Continue onto Thorley Street, B3401	51.9
0.6	→	Right	Turn right onto Tattels Lane	52.5
0.1	←	Left	Turn left onto Y5	52.5
0.3	→	Right	Turn right onto Thorley Road, B3401	52.8
0.3	↑	Straight	Continue onto Thorley Bridge, B3401	53.1
0.0	↑	Straight	Continue onto Thorley Road, B3401	53.2
0.1	←	Left	Turn slight left onto Freshwater to Yarmouth cyclepath	53.3
0.5	↑	Straight	Continue onto Freshwater to Yarmouth cyclepath	53.7
0.0	→	Right	Turn slight right	53.7
0.1	↑	Straight	Continue onto Mill Road	53.9

Leg	Dir	Type	Notes	Total
0.1	←	Left	Turn left onto River Road, A3054	54.0
0.1	←	Left	Turn slight left onto A3054	54.1
0.0	↑	Straight	Exit the roundabout onto A3054	54.1
0.8	→	Right	Turn right into the West Bay Club to finish the Route	54.9