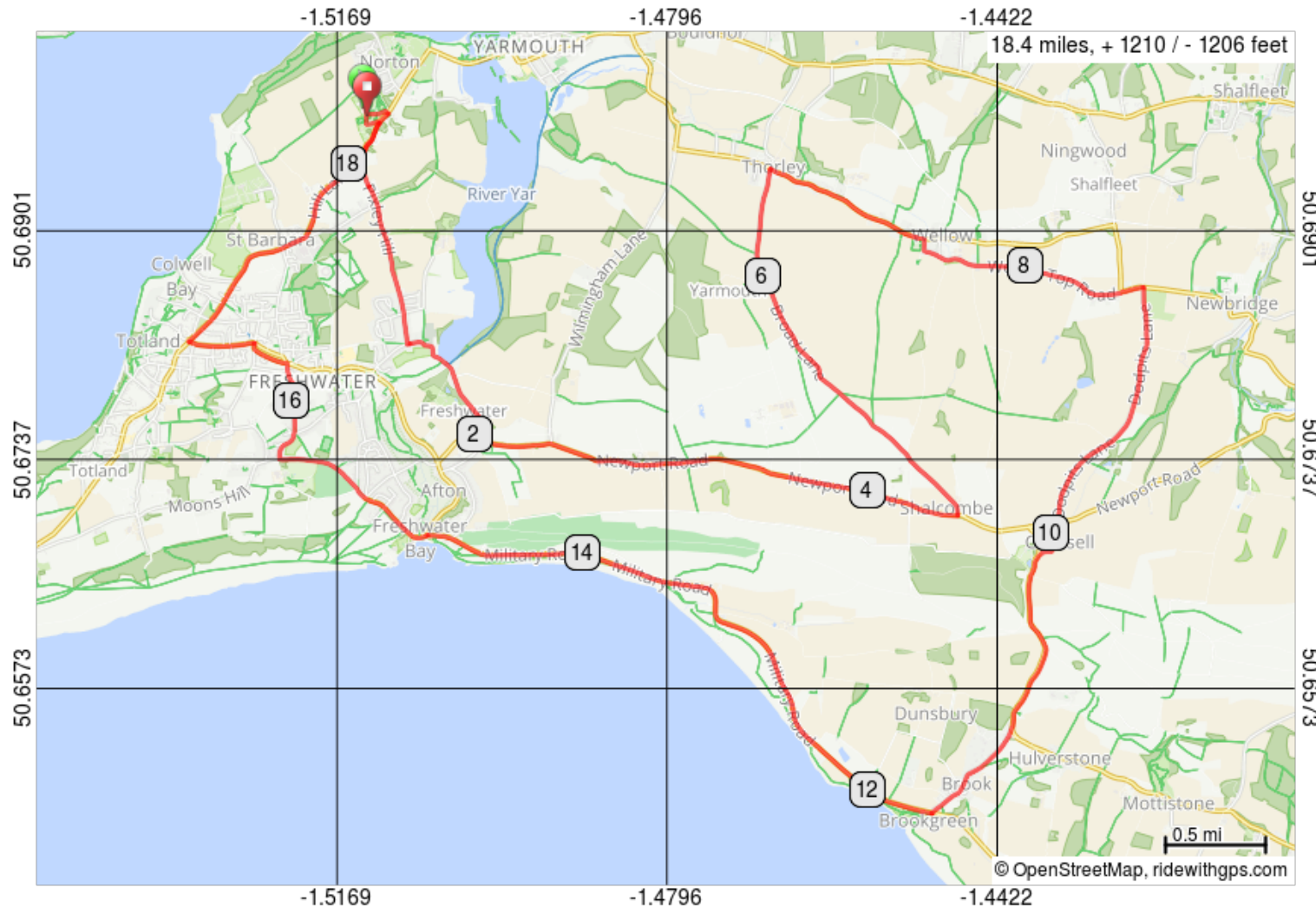


Short West Wight Ride With Bursts



This is quite a tough West Wight ride with some nice climbs ideal for interval hill climbing. This ride takes you into Freshwater before heading east then south via one of the most amazing lanes on the Isle of Wight 'Broad Lane' enjoy the views here as they are simply stunning. The ride then takes in two of the hardest climbs in the West Wight area Compton Bay and Freshwater Bay. The ride sweeps back towards Yarmouth via Freshwater town. This is not an easy ride with 1206ft of climbing across 18 miles. At a good pace this can be a 50 - 60 minute ride.



Short West Wight Ride With Bursts

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	▶	Start of route	0.1
2.	0.1	0.1	➔	Leave the West Bay Club via the one way exit taking a L at the junction, take care when at the exit this is a very busy road	0.3
3.	0.4	0.3	←	L onto Pixley Hill	0.2
4.	0.6	0.2	↑	Continue onto Copse Lane	0.7
5.	1.3	0.7	←	L onto Church Place and continue onto the Causeway	0.7
6.	2.0	0.7	←	L onto Newport Road and follow for 2.5 miles	2.5
7.	4.5	2.5	←	L onto Broad Lane and enjoy the views	2.1
8.	6.6	2.1	➔	R and follow towards Wellow	0.8
9.	7.4	0.8	➔	R onto Wellow Top Road	1.1

7.4 miles. +426/-392 feet

Num	Dist	Prev	Type	Note	Next
21.	16.8	0.0	↑	Exit the roundabout and head R back towards Yarmouth	1.6
22.	18.3	1.6	←	L back into the West Bay Club	0.1
23.	18.4	0.1	▣	End of route	0.0

1.7 miles. +91/-126 feet

Num	Dist	Prev	Type	Note	Next
10.	8.5	1.1	➔	R and climb the hill	1.4
11.	9.9	1.4	↑	Continue onto Brook Rd	0.2
12.	10.1	0.2	↑	Continue onto B3399	0.9
13.	11.1	0.9	➔	Slight R onto Brook Village Rd	0.6
14.	11.7	0.6	←	L onto Military Rd/A3055	3.6
15.	15.3	3.6	←	Slight L onto Bedbury Ln	0.4
16.	15.7	0.4	➔	R onto Queens Rd	0.5
17.	16.2	0.5	←	Slight L onto High St/A3055	0.0
18.	16.2	0.0	←	L onto Tennyson Rd/A3055	0.2
19.	16.4	0.2	←	L onto The Avenue/A3055	0.3
20.	16.7	0.3	↑	Enter the roundabout	0.0

9.3 miles. +645/-645 feet