



Sandwiches £5.95

Made with freshly baked Island bread, served with a side salad and crisps

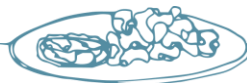
Bacon, brie and cranberry

Smoked salmon, cream cheese and rocket

Goats cheese, caramelised onion and rocket

Tuna, mayonnaise and cucumber

Grilled steak and caramelised onion - £6.95



Salads £7.50

Warm Chicken Salad

Pan fried chicken breast served with kale, butternut squash and dried cranberries

Grilled Halloumi

served with roasted vegetables and couscous

Smoked Salmon and Avocado

served on a bed of mixed leaves



Mains £8.50

Thai Green Chicken Curry

served with wild rice

Lasagne

served with a side salad and garlic bread

Vegetarian Lasagne

served with a side salad and garlic bread



Light Bites

Home-made Soup of the day £4.50

French fries or sweet potato fries £3.00

Home-made tart of the day £3.50

Cheese and Ham Toastie £4.50

Home-made chicken goujons with a sweet chilli dip £4.50



Little Appetites £5.50

Penne pasta with home-made basil pesto, cheese, carrot and cucumber batons

Sausages, spaghetti and Isle of Wight tomato sauce

Chicken Goujons with sweet potato fries, carrot and cucumber batons

Local ham and cheese wrap with carrot and cucumber batons



Sweet treats

Home-made cakes and bakes from £1.95

Please see blackboard for today's Special