

16.3 Mile, Road Cycling Loop with over 1100 ft of climbing (Red Grading)

Leg	Dir	Type	Notes	Total
	↑	Generic	Starting at the West Bay Club, follow one way system to site exit.	0.1
0.1	→	Right	Turn right onto Halletts Shute/A3054, please take care on exiting the site from traffic coming down the hill.	0.2
0.3	↑	Straight	Continue along Hill Lane	0.5
1.0	↑	Generic	First slow climb, 215ft over 1.5 Miles.	1.5
0.2	↑	Straight	At the roundabout, take the 2nd exit onto The Broadway/B3322	1.7
0.3	↑	Straight	At Roundabout take 2nd exit onto Church Hill	2.0
1.1	←	Left	Turn left towards Alum Bay Old Rd	3.1
0.0	←	Left	Turn left onto Alum Bay Old Rd	3.1
0.6	→	Right	Turn right onto Weston Ln	3.6
0.0	←	Left	Slight left onto Moons Hill	3.7
0.8	↑	Straight	Continue onto Bedbury Ln	4.5
0.4	↑	Straight	Continue onto Gate Ln	4.9
0.4	↑	Straight	Challenging climb up out of Freshwater Bay, this one is steeper than the first climb - 198ft over 0.9 miles	5.3
0.0	↑	Straight	Continue straight onto A3055	5.4
1.6	↑	Straight	Continue along Military Road.	6.9
1.5	←	Left	Left onto Brook Village Road. This is the start of the most demanding climb on the route - 266ft over 1 Mile	8.5
0.6	↑	Straight	Continue onto B3399	9.1
0.5	↑	Summit	You have reached the highest point of the route, it's down hill all the way back to Yarmouth	9.6
0.6	↑	Food	Chessell Pottery - Light refreshments	10.1
0.1	↑	Straight	Continue onto Dodpits Ln	10.2
1.3	←	Left	Turn left onto Main Rd/B3401	11.6
0.1	←	Left	Turn left onto Wellow Top Rd	11.7
1.1	←	Left	Turn left onto B3401	12.8
1.3	→	Right	Turn right onto Thorley Rd/B3401	14.1
0.7	←	Left	Turn left onto Tennyson Rd/A3054	14.8
0.7	↑	Straight	At the roundabout, take the 1st exit and stay on A3054	15.4
0.8	→	Right	Turn right in to the West Bay Club to finish. Please take care on turning right from oncoming traffic.	16.2