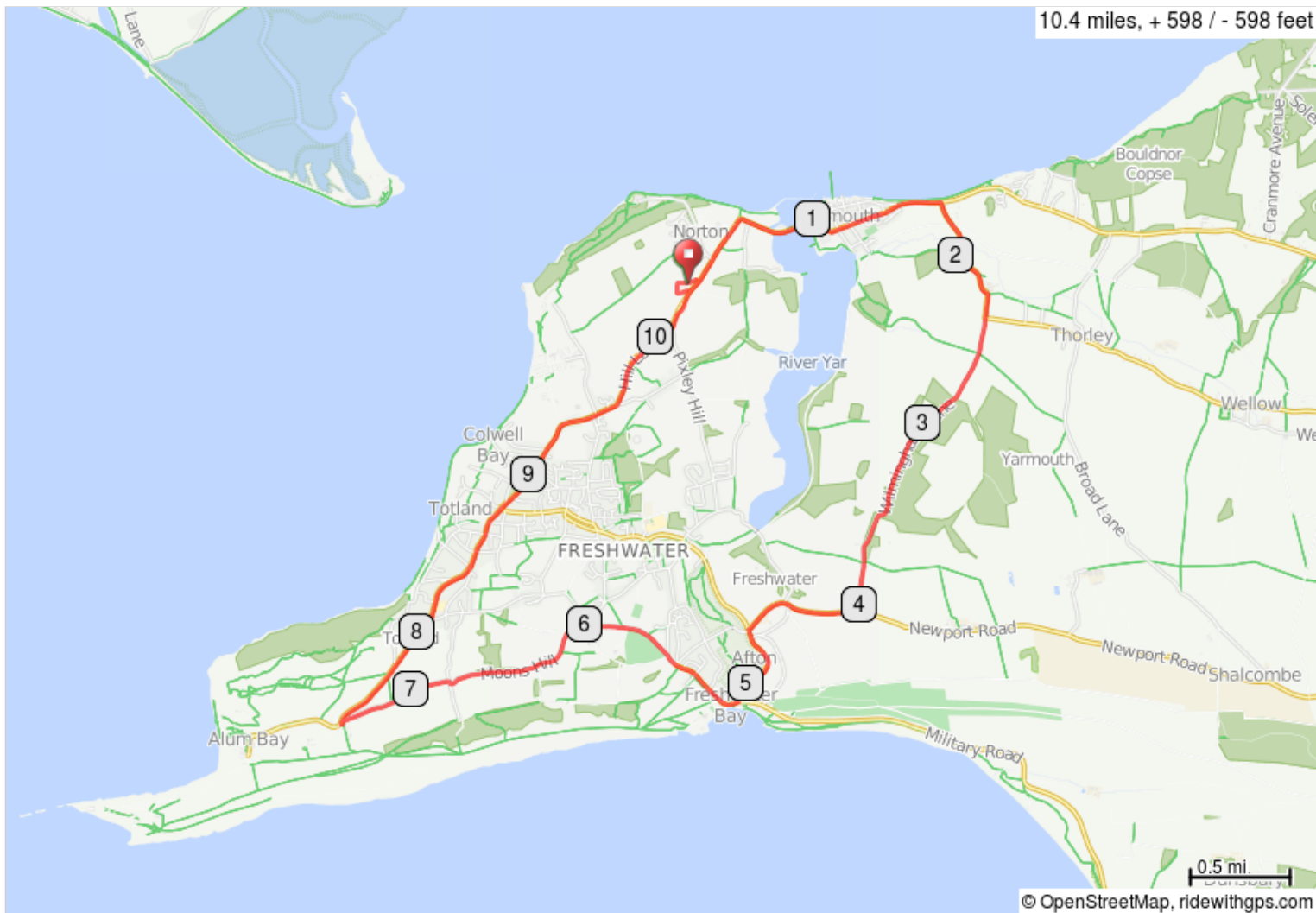


10.4 Mile, Road Cycling Route, West Wight Circular (Blue Grading)

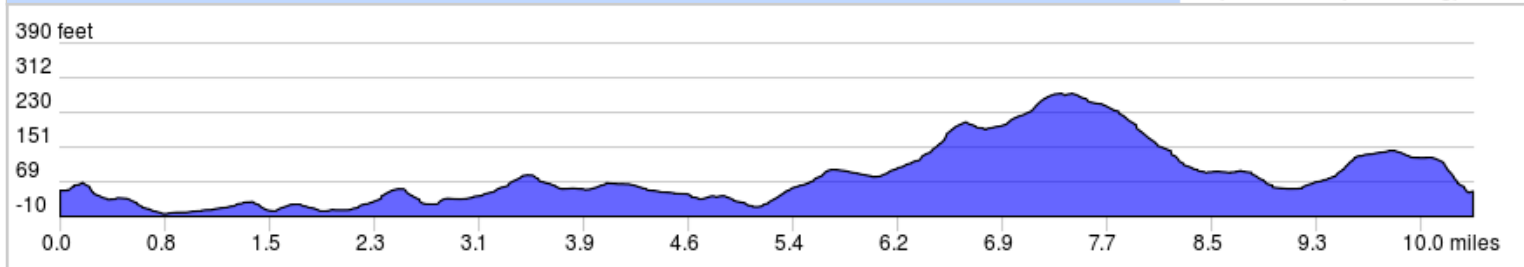


This simple 10.4 Mile Road Cycle loop takes in many local areas in the West Wight.

Starting at the West Bay Club, you will head down into Yarmouth and along the front, making your way to Wilmingham Rd.

From here, you will make your way to the scenic Freshwater Bay where there is plenty of opportunity to stop off at a local cafe.

From Freshwater, you will make your way up towards Alum Bay, before heading through Totland and back to the West Bay Club.



10.4 Mile, Road Cycling Route, West Wight Circular (Blue Grading)

1.	0.0	0.0	▀	Start of route
2.	0.0	0.0	▀	Starting at the West Bay Club, follow the one way system to site exit.
3.	0.2	0.1	←	L onto Halletts Shute/A3054, please take care on exiting from traffic coming down the hill on your R
4.	1.0	0.9	↑	At the roundabout, 1st exit onto River Rd/A3054
5.	2.4	1.3	↑	Continue onto Wilmington Ln
6.	4.0	1.7	→	R onto Newport Rd/The Middle Rd/B3399
7.	4.6	0.6	←	L onto Afton Rd/A3055
8.	5.1	0.5	→	R onto Gate Ln
9.	5.6	0.5	←	Slight L onto Bedbury Ln
10.	6.0	0.4	↑	Continue onto Moons Hill
11.	6.8	0.8	←	L onto Alum Bay Old Rd
12.	7.4	0.6	→	R

7.4 miles. +490/-265 feet

13.	7.4	0.0	→	R onto Alum Bay New Rd/B3322
14.	8.8	1.4	↑	At the roundabout, 2nd exit onto Colwell Rd/A3054
15.	10.4	1.6	←	L into the West Bay Club and the finish, we hope you enjoyed the route
16.	10.4	0.1	▀	End of route

3.0 miles. +96/-321 feet